



**Roulez, Mangez, Dormez, Répétez**  
[Ride, Eat, Sleep, Repeat]

# IFMR “Atlantic Canada” Ride

A 13-day motorcycle tour of Atlantic Canada

June 24 – July 7, 2010

After the 2010 Rotary International Convention in Montreal

Eastern Quebec’s St Lawrence River and Gaspé Peninsula

New Brunswick’s scenic Atlantic Coast and St John Valley

Prince Edward Island’s picturesque villages, fields, and farms

Nova Scotia’s spectacular Cape Breton Highlands, bustling Halifax, and world-renowned Peggy’s Cove, Lunenburg and Fundy Bay

*“A once-in-a-lifetime ride”*

Organized and led by “Backroad” **Bob Shriner** and Canadian IFMR ride guides **Bill Smith** and **Vince Byrne**, the ride will begin the day after the close of the RI Convention, on Thursday morning, June 24, at 9 AM from the Hotel Imperia in the Montreal suburb of Ste. Eustache, the IFMR-NA headquarters hotel during the Convention. Riders will return to the Hotel Imperia for a “farewell dinner” on Tuesday evening, July 6.

**LODGING:** Vince Byrne has contracted for great lodging along the way, mostly with 3- and 4-star hotels and motels, most of which include continental breakfast.

Lodging costs for the trip will depend on whether riders are double- or single-occupancy. Lodging costs for the trip begin after departure from the starting point and include a final night back at Hotel Imperia. Estimated cost for double-occupancy for the full tour, including 13% tax, is estimated to be about C\$990/person, single-occupancy about C\$1650/person. Therefore, when requested on the registration form, Vince will try to match individual riders with possible roommates.

So you won’t have to call each of the establishments to make room reservations yourself, Vince will take the lodging requirements and credit card information from the registration forms then make all the individual room reservations with the various hotels and motels. You then merely check in when you arrive at each hotel, using your credit card or cash to finalize payment.

**OPTIONS:** Since some riders may not have time for the full trip, several shorter options have been pre-planned for those who need to leave early. Four shorter tour options are available.

**Option 1** (4 days) leaves the tour group on Day 2 at Tadoussac, QC, and



travels up the scenic Saguenay fiord and around Lac St Jean, then back to the Montreal area, stopping overnight in Chicoutimi and Roberval.

**Option 2** (6 days) leaves the tour group on Day 5 at Campbellton, NB, and returns to the Montreal area, stopping overnight at Riviere du Loup, QC

**Option 3** (11 days) leaves the tour group on Day 11 at St John, NB, and returns to the U.S. via Calais, Maine. (The “CAT” ferry from Yarmouth, NS, to Maine is no longer in operation.)

**Custom:** In addition, IFMR riders who wish to join the group along the way for one or more days, or those who wish to leave the group at points other than the pre-planned options, are welcome to do so and should mark “Custom” on their registration form and briefly say when and where they plan to join and/or leave the group.

**REGISTRATION & CANCELLATION:** To register, fill out and return the registration form by email, fax, or postal mail by January 31. There is a limit of 25 riders (bikes). Forms received after that point will be accepted

only on a ‘space available’ basis. So get your registration form in early.

Cancellations and changes will be accepted until May 15. (Cycle rentals must be canceled directly with the rental agency, not with IFMR-NA.)

**CYCLE RENTALS:** Bill Smith has made arrangements with Hamel Honda in Ste Eustache for rental bikes for those who need them. Several models are available. To arrange your rental contract, contact Jean-Francois Jacob at 1-450-491-0440, ext. 7501 or [jjacob@hamelhonda.com](mailto:jjacob@hamelhonda.com). **Make your reservations as soon as possible.**

A two week rental is required varying in price from C\$449 (Canadian) to C\$995 per week, including 500 km (310 miles) per day, leather jacket, helmet, saddle bags, and insurance. A credit “deposit” of C\$2,000 is required; the credit card paperwork would be activated only in case of an accident or theft of the bike.

Other questions about bike rental? Contact Bill Smith at 1-518-744-5304 or [SmithatLG@AOL.com](mailto:SmithatLG@AOL.com).

**LIST OF HOTELS:** These are the hotels booked for the full tour (excluding hotels for shorter tour options). Costs shown are in Canadian dollars for two people per room, excluding taxes and personal charges. Hotel reservations for the tour should be made only thru Vince Byrne (except for reservations at the Hotel Imperia during the RI convention and for those choosing "Custom" trips).

**Holiday Inn Express, Ste Foy, QC** (Quebec City), Thursday, June 24, C\$139/per night.

**Econolodge, Forestville, QC,** Friday, June 25, C\$99.

**Gite/Lodge du Mont Albert, Parc Gaspécie, QC,** Saturday, June 26, C\$180.

**Hotel Normandie, Perce, QC,** Sunday, June 27, C\$109.

**Lakeview Inn & Suites, Bathurst, NB,** Monday, June 28, C\$75.

**Quality Inn, Summerside, PE,** Tuesday, June 29, C\$130.

**Inverary Inn, Baddeck, NS,** Wednesday and Thursday, June 30 - July 1, C\$125/per night.

**Cambridge Suites, Halifax, NS,** Friday, July 2, C\$159.

**The Digby Pines Resort & Spa, Digby, NS,** Saturday, July 3, C\$290 (includes full dinner for 2 and breakfast)

**Best Western Motel, Woodstock, NB,** Sunday, July 4, C\$120.

**Days Inn, Riviere du Loup, QC,** Monday, July 5, C\$99.

**Hotel Imperia, Ste Eustache, QC,** Tuesday, July 6, C\$129. (**NOTE:** *Reservations for nights during the convention, June 18-23, should be made directly by contacting hotel manager Benoit Turpin at 1-888-472-3336 or [bturpin@imperiahotel.com](mailto:bturpin@imperiahotel.com), mentioning "IFMR" and "Motorcycling Rotarians. Post-ride reservations can also be made at the same time.*)

**FERRIES:** The full tour includes two major ferry crossings and one minor ferry ride. The first ferry, on Day 2, is a short 15-minute crossing of the mouth of the Saguenay Fjord on a free ferry just before reaching Tadoussac, QC.

The first major ferry crossing is at the start of Day 3, on a high-speed catamaran ferry across the St Lawrence River from Forestville, QC, to Rimouski, QC. This crossing takes about an hour and costs about C\$74 for one motorcycle and two adults.

The second major ferry crossing is at the start of Day 11 across the Bay of Fundy from Digby, NS, to St John, NB, on the "Princess of Acadia" car ferry. This crossing takes about three hours and costs about C\$130 for one motorcycle and two adults.

Reservations for the major ferries need to be made well in advance and will be coordinated by Vince Byrne. All ferries require passengers to be at the ferry dock one hour prior to the scheduled departure time. Prices indicated above are those published by the ferry companies as of December 2009 and may be subject to change.

Other questions about hotels or ferries? Contact Vince Byrne at 1-902-667-5011 or [vbyrne@ns.sympatico.ca](mailto:vbyrne@ns.sympatico.ca).

Questions about the route, roads, or options? Contact Bob Shriner at 1-703-795-4355 or [bob@shriner.com](mailto:bob@shriner.com).

**LUGGAGE STORAGE:** The Hotel Imperia has agreed to store luggage during the tour for riders who will be returning to spend one or more nights at the hotel at the end of the tour. **During the tour, riders should plan to carry all their clothing and gear on their motorcycles.**

**SHIRTS:** IFMR member and graphics designer Sue Spittle has designed a great-looking all-cotton souvenir polo shirt for this ride and the Montreal RI Convention using the IFMR logo. Only C\$40/US\$36 each.



You don't have to make the ride to buy the shirt. Just send a registration form with your shirt size and your credit card information and we'll mail you the shirt, or you can pick it up in Montreal at the IFMR booth in the House of Friendship.



For additional information about IFMR arrangements at the 2010 Rotary International convention in Montreal and IFMR groups traveling to the RI convention from various parts of Canada and the United States, as well as additional details and discussion regarding this post-convention "Atlantic Canada" motorcycle tour, check our blog at [ifmrmontreal2010.blogspot.com](http://ifmrmontreal2010.blogspot.com) and the various regional forums on the IFMR-NA.org website, [www.IFMR-NA.org](http://www.IFMR-NA.org). You'll also find a copy of the tour registration form there (a copy should also be attached to this announcement flyer). Fill in the registration form and email it to [RShriner@ifmr-na.org](mailto:RShriner@ifmr-na.org) or fax it to Bob Shriner at 1-540-349-8799 before the deadline of January 31, 2010. . Also take a look at the a photo gallery that I compiled during my pre-run of the route back in September at <http://tinyurl.com/y8zuslx>

**We'll look forward to seeing you in Montreal and on the tour!**

A handwritten signature in black ink that reads "Bob Shriner".